

Anita Mehta

“She prepares to the nth degree for cases.”
Chambers and Partners, 2022

Experience

Year of Call: 2002

Practice Areas

- Financial Remedies
- Private Children Law

Dispute Resolution

- Private FDR and Early Neutral Evaluation

Direct Access

Direct Access



PRO BONO
RECOGNITION
LIST
ENGLAND & WALES

Education

Bristol University – Postgraduate Certificate in Pensions Law
Bar Vocational Course, Inns of Court School of Law
University of West England in Bristol – Law LLB (Hons)

Appointments

Deputy District Judge (South-Eastern circuit)
Member of Resolution’s National Committee for Pensions, Tax and Financial Remedy
Reviewer for the Bar Pro Bono Unit

Profile

Anita specialises in matrimonial finance, and divorce. She also has considerable experience in private law children work. Clients often appreciate being able to instruct Anita in both aspects of their proceedings. She is frequently ranked as a leading barrister by the legal directories.

Anita expertise lies in complex financial remedy applications. Anita is regularly instructed in cases involving companies, farms, or complex pension arrangements. Anita has a special interest in applications pursuant to Schedule 1 of the Children Act 1989.

In respect of her private law children practice, Anita's focus is on cases that involve an international element, parental hostility/ alienation, or where the complexity of allegations, or the nature of dispute, necessitates a fact-finding hearing.

Anita often appears against, and has also been led by, Leading Counsel.

Anita regularly gives lectures and writes updates on developments in the law. She is the co-host of the Resolution podcast 'Talking Family Law' - <https://resolution.org.uk/podcast/>.

Anita sits as a Deputy District Judge, including in the Financial Remedy Court.

Publications

Spousal Maintenance and Universal Credit

Best Practice and Problem Solving in Child Arrangements

'Schedule 1 to The Children Act 1989: Not Just for Wags'

International Relocation: less 'Payne' - more pain?

Memberships

Member of Resolution

Member of the Family Law Bar Association

Member of the Honourable Society of Lincoln's Inn

Directories

"Anita Mehta is really great - she's clever and argues well."

Chambers and Partners, 2023

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Chambers and Partners, 2022

Specialises in private family law, concentrating on financial remedy matters that often include complicated company, pensions and international aspects. She also has a particular expertise in Schedule 1 Children Act applications and maintenance cases.

Strengths: "She's a very tough advocate and a very tough negotiator, and she's really good with people."

"She has a really incisive mind, she's very clear and has a great, broad base of knowledge - you can always trust her to make the right decisions."

Chambers & Partners 2020

Band 1

"Robust and always realistic in her approach." "She is solution-focused. Judges like her and clients listen to her"

Chambers & Partners 2019

“She remains punchy and determined in her advocacy. Clients feel listened to and supported by her. They know she has heard them and represented their interests”

Chambers & Partners 2018

“An indomitable advocate”

Legal 500 2018

“She’s a very energetic, resourceful and enthusiastic advocate in financial provision.”

“She has a good eye for detail and takes a very pragmatic approach, which clients appreciate.”

Chambers and Partners, 2017

‘She provides excellent advocacy skills and rapport with clients’.

Legal 500, 2016

“She picks up the vibes and adjusts her attitude correctly; she can be reassuring or tough-talking. Clients have been always impressed.”

“She has a very good manner with clients and is particularly effective at FDR hearings, settlement meetings and other negotiations.”

Chambers and Partners, 2016

‘Approaches matters with intelligence and imagination.’

Legal 500, 2015

Recognised for her work on both the children and financial aspects of family law. “She’s extremely enthusiastic and works well with clients and solicitors. She’s gutsy and will stand up for herself if necessary.” “Anita is an incredibly strong and tenacious advocate.”

Chambers and Partners 2015

‘She has a sharp mind and a good manner.’

Legal 500, 2014

Highly regarded for her practice in family law, and in particular for her dedication and client care. “Anita is a good negotiator and advocate. She deals with children cases in a sensible way, never losing sight of the best interests of the child.” “She is a more junior member of chambers but is tenacious and dedicated.”

Chambers and Partners 2014

Anita Mehta ‘gets to grips with issues with unparalleled speed’

Legal 500, 2013

Cases

09/01/2021	AJC v PJP (2021)	Anita Mehta	[2021] EWFC B25
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