

Emma Spruce

'Emma is a very effective advocate, who is brilliant at putting the client at ease.'

Legal 500, 2025

Experience

Year of Call: 2017

Practice Areas

- Financial Remedies
- International Children Law
- Private Children Law
- Public Children Law

Direct Access

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Education

BPP University: Bar Professional Training Course (Very Competent)

University of Oxford: MSc Evidence Based Social Policy

University of Reading: Law and European Legal Studies in Europe (First Class Honours)

Languages

French (Professionally Proficient)

Profile

Emma joined Chambers in October 2019 having successfully completed pupillage within Chambers. Since then, Emma has developed a busy practice across the spectrum of Family Law and has appeared a number of reported cases to date. She is confident acting alone or as Junior Counsel.

Emma was shortlisted for "Family Law Young Barrister of the Year" in the 2021 Family Law Awards.

Other Experience

Prior to commencing pupillage, Emma spent time working as a paralegal for two firms: Stewarts in London and Expatriate Law in Dubai. During this time, Emma assisted on a wide range of complex private finance and children matters which involved an international dimension. Emma has also volunteered for the Free Representation Unit and to provide training to expert witnesses at the Royal College of Paediatrics and Child Health and continues to volunteer for Rights for Women.

Before commencing her legal career, Emma was a keen oarswoman: representing Great Britain and winning the Boat Race for Oxford. Emma remains passionate about programmes with an 'Access to Sport' element for children.



Memberships

Lincoln's Inn

Association of Women Barristers

Directories

'Emma is a very effective advocate, who is brilliant at putting the client at ease.'

Legal 500, 2025

'Brilliant advocate. Makes excellent judgment calls on her feet. Respected by the Judiciary and opponents for her technical skills and likeable personality. An all round safe pair of hands.'

Top Tier

Legal 500, 2024

'Emma is confident and an excellent advocate despite being relatively junior. She deals with difficult situations in an organized and logical way.'

Top Tier

Legal 500, 2023

Cases

06/12/2023	Re T (Abduction: Protective Measures: Agreement to Return)	Teertha Gupta KC Paul Hepher Emma Spruce Jacqueline Renton Mani Singh Basi	[2023] EWCA Civ 1415
20/03/2023	D v S	Emma Spruce	[2023] EWCOP 8 / [2023] EWFC 23
25/07/2022	A (A Child), Re (Enforcement of A Foreign Order) (2022)	Christopher Hames KC Henry Setright KC Emma Spruce	[2022] EWCA Civ 904
30/03/2021	Re H-N and Others (Children) (Domestic Abuse: Finding of fact hearings)	Christopher Hames KC Charlotte Baker Jo Delahunty KC Chris Barnes Charles Hale KC Adele Cameron-Douglas Rebecca Foulkes Miriam Best Teertha Gupta KC Matthew Persson Clarissa Wigoder Mark Jarman KC Michael Gratton KC Barbara Mills KC Joy Brereton KC Emma Spruce	[2021] EWCA Civ 448
11/02/2021	Y (disclosure to MPS)	Lucy Cheetham Emma Spruce	[2021] EWFC B33